

Theme: The Witness of Joyful Aging

Joy Doesn't Come From Comfort — It Comes From Calling

Most of us assume that once the big responsibilities of life are finished, our work is done. Children are grown. Careers wind down. The urgent seasons pass.

It feels like we've earned the right to step back.

But faith doesn't really work that way.

If we look back honestly, none of us were formed alone. We can each name people who quietly shaped our faith — grandparents, teachers, friends, parishioners — people who added stitches to our quilt of faith.

And that means something important: We never graduate from helping form others.

Calling doesn't always arrive in dramatic moments. Often it's just a quiet realization:
There is still work for me to do.

It may be small.

It may feel ordinary.

It may not look important at all.

But calling was never about results. Our job is to listen, discern, and show up.
God handles what comes from it.

And that's where the surprise lies: the deepest joy doesn't come from being comfortable...
...it comes from **still** being sent.

Ways to Live the Call with Joy

- Start the day with a simple prayer: *Lord, what are we doing today?* — and stay open to where He sends you.
- Share one story of faith this week.
- Pray for someone younger and tell them you did.
- Respond to one quiet nudge to reach out.

Seed of the Month

Lord, What Are We Doing Today?

Each morning this month, begin with a simple prayer: **Lord, what are we doing today?**

Then pause.

Joy often begins not in comfort, but in availability.

Notice what comes:

- a person who needs encouragement
- a small nudge to call, pray, or help
- an opportunity you didn't plan

The goal isn't to do something big. It's to stay open.

Because the ones who keep asking are the ones God keeps sending.

Blessing for This Month

Lord, help me to begin each day open to Your call. Give me the grace to listen, the courage to respond, and the trust to leave the results in Your hands. Amen.

Looking Ahead: Next month we'll reflect on *The Grandparent as Storyteller*—passing on family memories as seeds of faith.